

Glendora National Little League Pitching Affidavit

Team Name/Division: _____

The record of each pitcher who delivers one or more pitches to a batter must be entered below for every game. This record must be completed immediately following each game, and reviewed/sign by both managers for accuracy. If this form is not available at a game, it will be assumed that every pitcher who pitched in the previous game threw the maximum amount of pitches in that game.

7-8 Year Olds: 50 Pitches a Day

9-10 Year olds: 75 Pitches a day

11-12 Year olds: 85 Pitches a day

Pitchers MUST adhere to the following rest requirements:

- If a player pitches 1-20 pitches in a day, no (0) calendar day rest
- If a player pitches 21-35 pitches in a day, one (1) calendar day rest
- If a player pitches 36-50 pitches in a day, two (2) calendar day rest
- If a player pitches 51-65 pitches in a day, three (3) calendar day rest
- If a player pitches 66 or more pitches in a day, four (4) calendar day rest

-A pitcher who delivers more than 41 pitches in a game cannot play the position of catcher for remainder of that day

-A pitcher who delivers more than 21 pitches in a game after playing catcher cannot play the position of catcher the rest of the game

-Any player who has played the position of catcher in four (4) or more innings in a game is not eligible to pitch on that calendar day. LL Regulation VI - Pitchers.

Days rest and pitches are calculated off First pitch to the Last Batter and not total pitches (Regulation VI - Pitchers)